

# Real Meal Plan

<i>Monday</i>	Meal	Meal	Meal	How do you feel? ★ ★ ★ ★
	Ingredients	Ingredients	Ingredients	

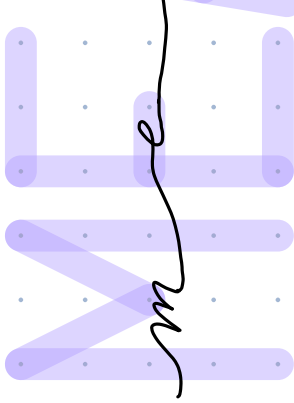
<i>Tuesday</i>	Meal	Meal	Meal	How do you feel? ★ ★ ★ ★
	Ingredients	Ingredients	Ingredients	

<i>wednesday</i>	Meal	Meal	Meal	How do you feel? ★ ★ ★ ★
	Ingredients	Ingredients	Ingredients	

<i>thursday</i>	Meal	Meal	Meal	How do you feel? ★ ★ ★ ★
	Ingredients	Ingredients	Ingredients	

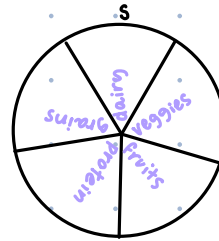
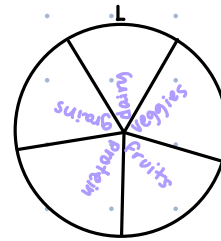
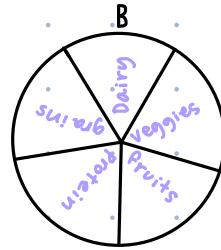
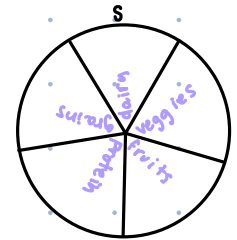
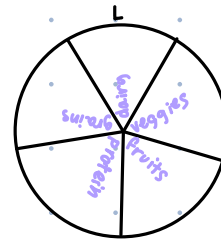
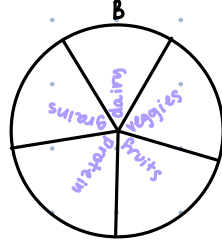
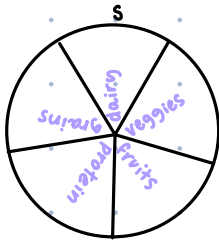
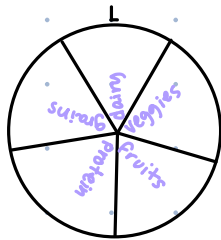
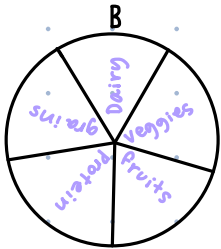
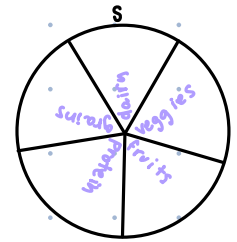
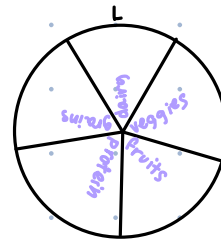
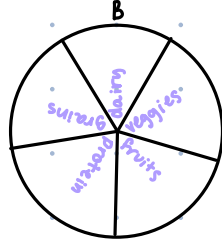
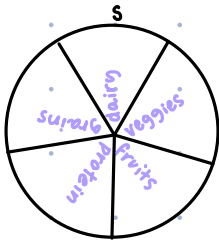
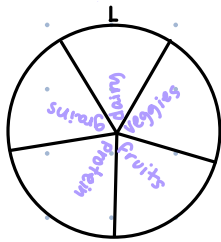
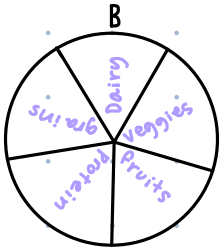
<i>Friday</i>	Meal	Meal	Meal	How do you feel? ★ ★ ★ ★
	Ingredients	Ingredients	Ingredients	

<i>urday</i>	Meal	Meal	Meal	How do you feel? ★ ★ ★
	Ingredients	Ingredients	Ingredients	



Sat				★ ★
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Sunday	Meal	Meal	Meal	How do you feel? ★ ★ ★ ★ ★
	Ingredients	B Ingredients	L Ingredients	



Made by *lilduckie*